# A Guide to your Energy Upgrade

**Energy Saving Advice for Gas Customers** 

SSE Airtricity Gas Supply (NI) Limited



# **Good Habits for your Home**

How to save energy day-to-day

There are lots of ways to create good habits to conserve energy in your home. Here are some of our simple day-to-day tips that we hope will help you.



### Switch off standby

Switching off screens, lights and appliances that don't need 24-hour electricity.



## **Unplug devices**

Leaving devices plugged in when they're fully charged and while you sleep, means you're paying for unnecessary electricity usage.



#### **Bathroom**

Take a shower rather than a bath, showers generally use 20% less energy than baths.



#### **Brew smart**

We all love a hot cup of tea or coffee but boil smart and make sure, if you only need one cup, boil for one cup and try not to reboil but make sure you have enough water to cover the element.



## Check your thermostat

Keep your room's thermostat at a comfortable temperature - normally 21°C. Turning your heating thermostat down by 1°C to 20°C. In halls and bedrooms ideally, thermostats should be set between 15°C and 18°C.

## Get in touch

If you require assistance with any energy efficiency matter or for more tips and advice, please contact us by:

- (C) Phone: **0345 900 52 53** 
  - Monday to Thursday 8.30am to 6pm and Friday 8.30am to 4.30pm (calls charged at local rate)
- (b) Email: info@airtricitygasni.com
- Website: airtricitygasni.com/at-home/energy-efficiency



# **Upgrading your Home Heating**

It's well known that a well-insulated home will reduce heat loss and conserve energy, resulting in lower fuel usage and fuel bill. We've put together some energy saving tips that can help you reduce your carbon emissions and your energy bills.



## **Your Gas Boiler**

- Has your boiler been serviced annually?
  This is to ensure your boiler is safe and compliant with health and safety regulations, reliable and energy efficient for your home heating and fuel costs.
- Do you have a working carbon monoxide alarm?
  To detect any issues and notify you to ensure safe home heating.
- Check the building energy rating?

  'A' being most efficient and 'G' being the least efficient. Check your new appliances before you buy.

# Reducing your home heat loss



### **Smart Controls**

Consider fitting smart controls which allow you to manage your heating needs from your phone while you're out and about.



### Insulation

Install an insulation jacket on any hot water cylinder, lag hot water pipes and cold-water pipes to stop them freezing over in winter. A quarter of our home's heat is lost through the roof. A well-insulated home will reduce heat loss and conserve energy, resulting in a lower fuel usage and fuel bill.



### **Radiator Foils**

Installing radiator foils reflects heat back into the room. They help to reduce energy loss which can help save you money on your annual fuel bill.



## Thermostatic Radiator Valves (TRVs)

Set your TRVs in each room to a temperature which suits you. TRVs allow you to heat your home more efficiently and can save you money.

